

Hi Moms, Dads, Guardians and Carers,

# Lockdown does not need to be your Shutdown as a family.

We are living in extraordinary times where our tomorrows will not look like our yesterdays. As the new year turned over just a few months ago, who would have thought of THIS NEW YEAR? The world seems to be shutting down as we know it with all its practices! What we took as normal everyday living has changed! Who would have thought even churches would be impacted in their attendances and restrictions.

We have just taken these to be our daily living experiences.

What are our daily schedules made up of? It is time filled by events and appointments whether social or business demanding our attention. We do a little of this and a little of that then we come home only to do the same thing tomorrow.

YET in a moment of time, Without saying a word or planned there are no theatres, no partying, no travelling, no going anywhere. All our daily habits have now being cancelled. What do we do? For families, "home Schooling" for a season will be your new normal as school gatherings are shut down.

This is an amazing opportunity to change all the habits that made us family poor and time poor. How many times have we wished for just another hour where we could spend with those who really mean the world to us Yet could not due to schedules. This is a GREAT opportunity to hit the RESET BUTTON and begin by putting in place the things that are important. Life will be different after this virus SO WHY NOT make it the BETTER DIFFERENT for you and your family. CHOOSE today to RESET and REPLACE the BUILDING BLOCKS that will give your family HEALTHY FAITH. The wonderful thing about FAITH, it can grow in any environment. Difficult places and times do not limit our Faith in God. or God's Ability to encounter you and your family.

LOCKDOWN Family Faith is a resource to help you make this possible. It has always being God's Heart and Desire that FAMILY is FIRST CHURCH. Your local church and every other group are the CHEER Squad to encourage you as you nurture your Children's Faith.

This is your OPPORTUNITY to GROW TOGETHER in your faith Journey as a Family. May this resource be the beginning of many happy and Blessed times with your family. This parent guide will help you plan creative and interactive family encounters with God. This has been a GLOBAL INITIATIVE as many Kids & Family Ministry leaders have shared ideas for each lesson.

God Bless you and your family. Blessings

Shave

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A FREE RESOURCE TO SHARE WITH FAMILIES AROUND THE WORLD

# How do you plan a session of Lockdown Faith?

There are a number of components to each session. We have made a simple format as per this page:

You have been given a manual (PDF) called "CREATIVE LOCKDOWN FAITH RESOURCES" which covers three of the components mentioned here namely:
Bible Memory Verse
Creative Story Telling Ideas
Praise & Worship YouTube Links

These are **MIX & MATCH** lessons giving you the freedom to **CHOOSE** the way you want to present the Memory Verse and Creative Story Telling idea.

Praise and Worship will happen through YouTube Video clips: We have chosen the ones that have the lyrics appear on the screen so you can sing along as a family.

Each session has a **CRAFT idea t**hat your children can make.

Some sessions will have an **OBJECT** Lesson. We have focused on Object lessons that you can find around the home or are able to make them.

Each session will share **3 TRUTHS** that come out of the lesson. Each lesson will deal with a different Bible person who found themselves in a LOCKDOWN. How did they react and respond. These will be very important for your children as they face different forms of Lockdown.

**APPLY NOW** is the Application of the lesson truths. These will give practical ideas on how your family can respond and react to your Lockdown.

Your Children have a "KIDS JOURNAL" manual that has pages that they will work through. Take a moment to go through their Journal so you will know how they will be responding to the sessions. In this Parent Guide we will give you a copy of their pages correlating to the lesson shared. we will also give you insights and ideas on how to motivate your children to participate. At the end of this PARENT GUIDE will be a number of **CERTIFICATES** that have been created as incentives. You can ADD a prize as you wish.









To give **STRUCTURE** to the Family Gathering we are suggesting you have a combination of **FUN - FELLOWSHIP** and **FAITH Encounters.** 

#### **CROWD BREAKERS and GAMES**

Families that **PLAY TOGETHER** Stay together. These games could include board games, charades, competitions etc. Each session will give you ideas that you can use.

#### **SNACK & YAK**

Some of the best Family times happen around eating.

Understand that this lockdown season is difficult for every member of the family. There is so much that is **UN-NORMAL** and out of routine. Snacks could be a wonderful treat each week you get together. **YAK** is another word for CHATTING or Speaking together. We live in a very digital world. This generation of children are known as Digital Natives. They are FOREVER CONNECTED to their electronic devices. This may be the "NORMAL" in your home. Make these sessions **Device** "**FREE**" (It may be withdrawn symptoms in the beginning but press through)

Use this time to speak together. In each session we will Give your family a number of questions to interact with to get discussion and Yakking going.

#### **PRAYER**

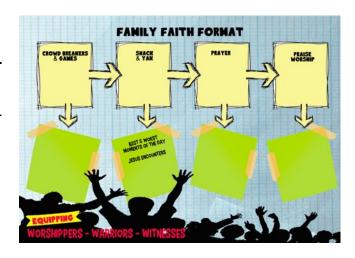
Through each lesson we will give you Target areas to pray as well as ideas on **HOW to PRAY**. The Bible says that the Prayers of a Righteous person are **EFFECTIVE and POWERFUL**. We want to take your children on a journey of becoming EFFECTIVE Prayer Warriors. You will note on some of the Kids Journal Pages the words: **WORSHIPPERS - WARRIORS - WITNESSES** 

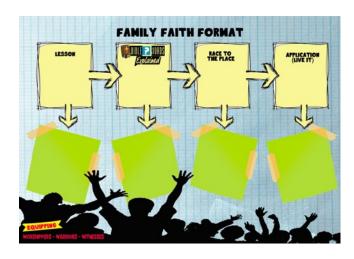
When you look at your children; **WHAT DO YOU SEE?** Do you know that God sees so much more than we do!

**GOD Sees POWERFUL WEAPONS** that will bring down the enemy. You will learn more about this in the sessions.

# **PRAISE AND WORSHIP**

This is more than simply singing some fast and slow songs. Our Worship and Praise is very **POWERFUL Weapon**. We will learn these truths in these sessions.





#### **LESSON**

We have already covered this on page 3

#### **BIBLE WORDS EXPLAINED**

If there are any Bible Words that are not understood, there will be an **EXPLANATION** given in the session.

#### **RACE TO THE PLACE**

There are number of Bible verses that will be shared in each lesson. Race to the Place will give your children to opportunity to FIND the Bible Verses for themselves. If you have more than one child who can read make this a RACE to see who can find the verse first. **Award a Certificate** for the Winner in this session.

# **APPLICATION (APPLY NOW)**

This is a very important part of your session This is WHERE the Lesson is **MADE PRACTICAL** 

How do you live the truth shared in the lesson? Each session will give your family a number of ways to make this truth relevant and liveable.

#### **HEBREW PRAISE Words**

In each session we will introduce one of the Hebrew Words used for Praise. Each will help you family to express Praise and Worship in different ways.

**ALLOW your WHOLE FAMILY** the opportunity to participate, create, share and prepare the sessions. The more your Children are involved in creating the session, the greater will be their connection and participation. YES, it may get a little or lot messy but whenever family are around a table, you can expect that. Have FUN

# **INDEX**

Session Page #1 Paul & Silas 7-15 #2 The Passover #3

# **Session #1**

# LOCKDOWN FAITH WITH PAUL & SILAS

#### You will Need:

Bibles, Pens/Pencils / Colour Pencils

Create a Prison corner in one of your rooms or lounge area. This can be done using a blanket,

Dim lights (torch)

Create prison bars with cardboard or strips of paper. you can be as elaborate as you want or a simple version. Have you kids help design and create the prison.

Make it a dingy place remembering that Paul & Silas prison would have been dark and poorly lit with candles of some form.



## **CROWD BREAKERS & GAMES**

Using the MINUTE IT to WIN IT idea, Try these with your family.

Click on the YouTube link to see 15 different games. Choose some of these to play as a family. Your kids may be better at this than you.

## 15 Fun and Easy Party Games for Kids and Adults

https://www.youtube.com/watch?v=-IP285d2b-Q

#### **SNACK & YAK**

Make some **popcorn** or another easy snack that your family love.

Don't forget the **juice** as well. Have the kids help you make these as you prepare for your Snack & Yak Time.

(You could make the "ICE CREAM in a BAG) See Page 14 for instructions

#### **Getting to know you better Questions**

It isn't always easy for families to relate, but good conversation can play a part in building a strong connection between the generations.

#### **Parents to Kids**

- 1. What do you like daydreaming about?
- 2. What makes you happy?
- 3. If you could do anything right now, what would you do?
- 4. What do you look forward to when you wake up?
- 5. Do you ever think about renaming the colours of your crayons?
- 6. What character makes you laugh the most?
- 7. If you opened a store, what would you sell?
- 8. What's your Superhero name and what powers do you have?
- 9. You're at the beach. What's the first thing you do?
- 10. If you could grow anything in the yard, what would it be?
- 11. What makes you feel brave?
- 12. What makes you feel loved?

#### **Kids to Parents**

# Do you know your family History? (A Link to the Past)

- 1. Here are some questions to help you know more about your parents:
- 2. Tell me about what it was like growing up in [name of place].
- 3. Did you live in a house or an apartment? Was there electricity and indoor plumbing?

- 4. Where is the family originally from? How far up the family tree can you go?
- 5. Who is the oldest family member you remember and what do you remember about them?
- 6. What was a typical family dinner like for you?
- 7. As a child, what did you think you wanted to be when you grew up?
- 8. What stories did your grandma/grandpa used to share about their younger years?
- 9. How much was your allowance and how did you choose to spend it?
- 10. Do you think life is easier or harder for kids these days compared to your childhood? Why?
- 11. What do you think is the most important life skill or value your parents taught you?
- 12. Are there any treasured family heirlooms? What's the story behind them and who has them now?

#### **PRAYER**

Spend time THANKING God for each member of your family.

Use this prayer time to BLESS each other using the SEVEN (7) Covenant Names of God. We will use the FIRST ONE JEHOVAH JIREH meaning "God our PROVIDER"

You can pray the other names over the NEXT LOCKDOWN Family Encounters.

Here we want to focus on the Seven Covenant Names of God over the next 7 sessions.



#### Jehovah Jireh: The Lord Will Provide

In Genesis 22, God commands Abraham to sacrifice his son, Isaac. However, when it was time to offer Isaac to the Lord, God provided a ram in the thicket.

Genesis 22:14 shows Abraham's response, "So Abraham called that place *The LORD Will Provide*. And to this day it is said, "On the mountain of the LORD it will be provided"

Abraham names the place of provision

Jehovah Jireh, which means "The LORD Will Provide". Those who are in covenant relationship with God shall lack no provisions because he will provide.

A deeper study of this name reveals "God will PROVIDE HIMSELF"

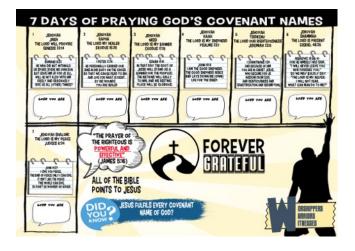
This is in the same mountain range that Jesus would be offered for our sins on the Cross- where God PROVIDED HIMSELF for our sins.

Share with your Family How God has Being Jehovah Jireh to you. This should be an ongoing exercise on a regular basis allowing your children to SEE God as Provider.

It is important for your children to see that God is NOT PAST or FUTURE BUT PRESENT HELP in time of Trouble.

When Moses went before Pharaoh, he asked God to tell him "who should I say has sent me?" God gave another name "I AM that I AM" (Exodus 3:14)

This means God is EVER PRESENT and is NOW ABLE to meet the needs of those who call on Him.



Jehovah-Jireh:

The Lord Our Provider (see Gen. 22:14):

Speak a blessing in the face of specific need,
whatever realm the need may represent.

Jehovah-Raah:

The Lord Our Shepherd (see Ps. 23:1):

Speak a blessing with the reminder of God's never-forsaking presence and protection.

Jesus highlighted this truth on many occasions when He reminded those who listened that God is PROVIDER

In Matthew 6 Jesus reminds the disciples that they do not need to worry

The disciples were worried about their futures. What would they and their families eat, drink, and wear?

Jesus told them to stop worrying because God knew that they had need of these things. He comforted them with how God provides for the birds of the air and the lilies of the field. Consider what Christ says in Matthew 6:26 and vs.30:

Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? ... If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you, O you of little faith?

Jesus called the disciples to stop worrying based on the fact that God would provide. He provides for the birds of the air and he clothes the lilies of the field. Will God not provide for us as well? God wants us to know that his name is Jehovah Jireh; he is faithful and he will provide.

# **Practical Project**

You will need:
A5 Card (as many as you want to write out Needs)
Sticky Notes
Permanent Markers

Write out your "Needs" on a Card (One need per Card)
Write on the Sticky Notes - Jehovah Jireh - God MY PROVIDER

Ask each member of your family for NEEDS that they have. Have them write them onto a Card. If they have more than one need, write one need per card

Use Blue Tak or Prestik to place them onto a wall or similar.

As you begin to Pray over each need, Cover the need with a Sticky Note which say "Jehovah Jireh - God is MY PROVIDER or cut out these Round "Jehovah Jireh" (You can print out the Template page of these onto card) Say this out loud: You are Jehovah JIREH - GOD OUR PROVIDER

**Don't FORGET:** When there is an answer, share it with the family The Bible says we overcome the devil by the Blood of the Lamb and the **WORD** of **OUR TESTIMONY** (Revelation 12:11)

During this Lockdown season, God is STILL our PROVIDER. Encourage your family members to GIVE PRAISE to God for ONE THING that He has provided for them.



# RACE TO THE PLACE

Give each of your family members a Bible which remains closed **UNTIL** you call out the Bible verse. They then open their Bibles to **FIND** the Verse. The first one to find it and read it out loud wins that round.

Award a CERTIFICATE and a TREAT to the Winner today. (If one child is more advanced than the others, then be careful on how you reward.)

Think of a way to make it fair and even.





To go to the next scripture, have all Bibles closed. Begin the process again until you have gone through all the Bible verses below.

Encourage your Children to write down these verses in their Kids Journals on a Blank Page with the Date and Lesson Subject as the heading.

### Ephesians 5:20

"Always giving thanks to God the Father for everything in the name of our Lord Jesus Christ."

#### 1 Thessalonians 5:18

"Give thanks in every circumstance, for this is God's will for you in Christ Jesus."

#### Psalm 71:6

"I have leaned on You since birth; You pulled me from my mother's womb. My praise is always for You."

#### Psalm 42:11

"Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise Him, my Savior and my God"

## Psalm 103:1-6 (ESV)

"Bless the Lord, O my soul, and all that is within me, bless his holy name!

Bless the Lord, O my soul, and forget not all his benefits,

who forgives all your iniquity, who heals all your diseases,

who redeems your life from the pit, who crowns you with steadfast love and mercy,

who satisfies you with good so that your youth is renewed like the eagle's.

The Lord works righteousness and justice for all who are oppressed."

#### **BIBLE MEMORY VERSE**

### Choose one of the Creative ways to share this Bible verse with your Family.

Don't forget to Allow your Children to also have a go at teaching and sharing the Memory verse with your family.

#### Psalm 34:1

"I will **bless** the LORD at **all times**; his **praise** shall **continually** be in my mouth"

Have the Children write in the Answers in their Page

**BLESS** at **ALL** times

PRAISE ALWAYS on my lips

#### **PRAISE & WORSHIP**

Choose from the Creative Resource Manual songs that you will sing today. The songs will have the lyrics on them so you are able to sing along.

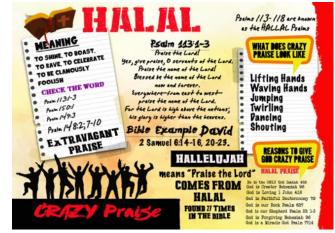
Allow your children to help choose the songs they want to sing.

# **HEBREW PRAISE WORD**

The Hebrew word we will focus on today is "Halal" We get the word Hallelujah from this kind of praise.

This Word will give your family LANGUAGE and EXPRESSION for your Praise and Worship.

Your Children have this page in their Journal. (Page ) Ask them to turn to it so they can write in the answers as they look up the Bible



verses mentioned under REASONS for Crazy Praise. You can give a Mini teaching of the Word "Halal" HIGHLIGHTING the following:

The Meaning: To Shine and Boast about God, to Celebrate Him even Foolishly. Have you ever seen how people "Praise" their teams on at a game. What happens when their team scores a goal or Wins, they show CRAZY PRAISE: Jumping up and Down, Waving their hands and lifting up their hands, dancing and twirling even dancing. this is EXACTLY what Halal Praise means. Look at David's example in 2 Samuel 6:14-16, 20-23.

In todays Praise and Worship GIVE GOD CRAZY PRAISE. Use songs that speak about God's Goodness and Greatness.



#### LESSON

Have the family gather around your Prison place that you created.

Use the words from your Children's Pages to do the lesson

# "A LOCKDOWN is NOT SHUTDOWN"

Paul and Silas were in a Lockdown. In a Prison. They never asked to be there, they had done NOTHING WRONG, they were sharing the GOOD NEWS of Jesus and things went wrong.

# Object Lesson: Half a Glass of Water

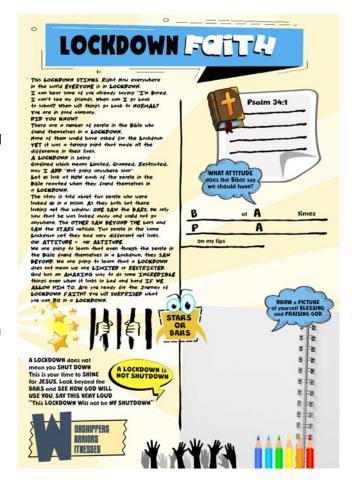
Is the Glass Half Empty or Half Full?
It depends how you look at it. Some people only see the NEGATIVE (Half Empty)
In the story about the two in Prison One SAW Stars and the Other SAW the BARS
Which one saw the half empty glass and which saw the Half FULL Glass?

The one who saw the Stars = Half FULL The one who saw the Bars = Half Empty

#### ATTITUDE = ALTITUDE

Have the family open their Bibles to **ACTS 16: 16-40** to read together. Have one or two of your children sit in the prison.

Take turns getting into the prison.



What did Paul and Silas DO? (Vs 25)
They did Psalm 34:1 "BLESS the LORD at ALL Times
PRAISE ALWAYS on their lips.

Our PRAISE is a powerful weapon. It CAUSES things to happen in TWO REALMS
The Spirit Realm
The Natural Realm (This World)

As Paul and Silas PRAISED God, Things happened. What Did God Do?
Caused an Earthquake - a literal shaking of the Prison. It was more than just a physical earthquake because it also caused the CHAINS to fall off both Paul and Silas. We will see in another lesson about PETER who had a DIVINE Visit in his Lockdown.

Even though Paul and Silas DID NOT KNOW HOW things were going to turn out, they PRAISED GOD.

What else happened because of their LOCKDOWN?
Read Verses 30-32

We must never think this just about US, God is moving beyond what you and I can see. **Share the THREE things we learn** from Paul and Silas in Lockdown?

God is in control. God can make Great things happen in HARD PLACES and LOCKDOWNS

We don't have to be afraid because God sees us and takes care about us right where we are.

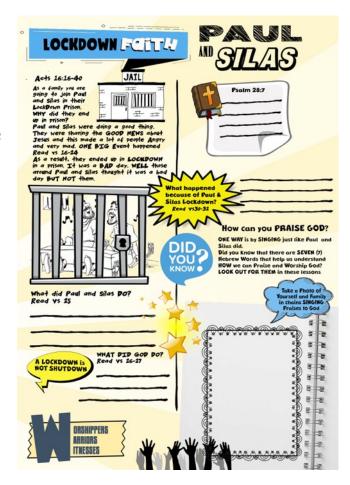
No matter where we are placed, God is working on our behalf. As we Praise Him, there are OTHERS who will be set free and hear the GOOD NEWS.

# We have a CHOICE JAIL HOUSE or PRAISE HOUSE

What will you do?

#### **APPLY NOW (LIVE IT)**

Let us spend time as a Family and Give God some CRAZY PRAISE. Put some Praise songs on and ENTER HIS GATES with THANKSGIVING and His COURTS with PRAISE





# CRAFT

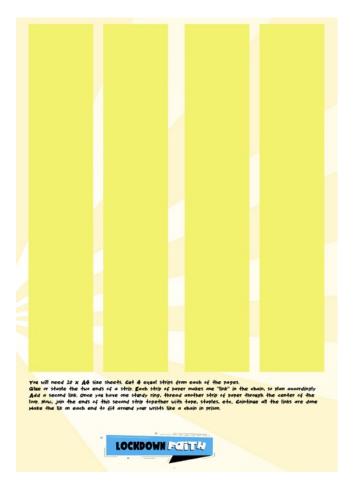
# You will need

Strips of Paper as per diagram.

Below is a link to give you instructions how to make the paper chain.

Use these during the lesson as you speak about Paul and Silas chained up in the prison cell.

https://www.wikihow.com/Make-a-Paper-Chain



#### ICE CREAM IN A BAG



When Paul and Silas were in the prison – a great shaking happened (earthquake) and something great came from it – they were released. The kids shaking the bag – something great comes of it – ice cream.

This no-cook recipe for vanilla ice cream makes about eight half-cup servings. Ingredients

- 1. 2 cups heavy whipping cream
- 2. 2 cups half-and-half cream
- 3. 1/2 cup white sugar
- 4. 2 teaspoons vanilla extract
- 5. 1 bag crushed ice
- 6. 4 cups coarse salt

For each kid you'll need:

- o 2 pint-size resealable plastic freezer bags
- o 1 gallon-size resealable plastic freezer bag
- o Gloves or towel to protect fingers

#### Directions

- In a pitcher or large measuring cup, stir together the whipping cream, half-and-half, sugar, and vanilla extract until sugar has dissolved.
- Pour about 1/2 cup of mixture into a pint-size plastic bag and seal carefully, squeezing out extra air. Place each sealed bag into a second pint-size bag, again squeezing out extra air. Seal carefully.
- Fill each gallon-size plastic bag about halfway with ice and add 1/2 cup coarse salt. Place one sealed small bag into the large bag, squeeze out most of the air, and seal the large bag.
- Wear mittens or thick gloves, or wrap the bag in a towel to protect hands against the extreme cold. Shake and massage the bag for about 5 minutes or until mixture thickens into ice cream. Add more salt and ice to the outer bag if ice cream hasn't formed after 10 minutes of continuous motion.
- Remove the outer pint-size bag before you open the inner bag so you don't get any of the salty ice on your ice cream!

#### **ALPHARET OF GOD'S GOODNESS**

Your Children have a number of Pages in their Journal called the PATHWAY to Worship. (Pages 5-14)

It is IMPOSSIBLE to Give God Praise and Worship if we think He is AGAINST us and wanting bad things to happen. Some may see this lockdown as that. Where is God in all of this?

When our MEMORY is EMPTY of God's GOODNESS, we find it hard will find it hard to Praise Him. The Bible says we should enter His Gates with THANKSGIVING and His Courts with PRAISE.

When out Hearts are filled with God's Goodness it is easy to then GIVE THANKS. Psalm 145:7 "They shall eagerly UTTER (Speak) the MEMORY of Your Great GOODNESS (Some translations say ABUNDANT GOODNESS) - overflowing Goodness

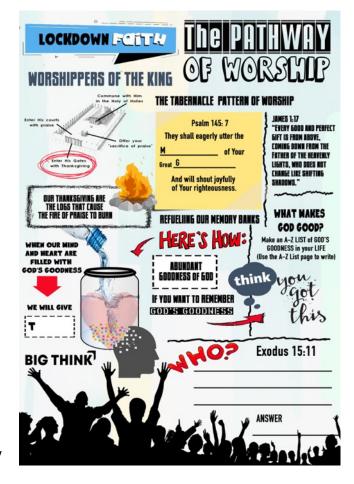
and they will SHOUT JOYFULLY of Your RIGHTEOUSNESS.

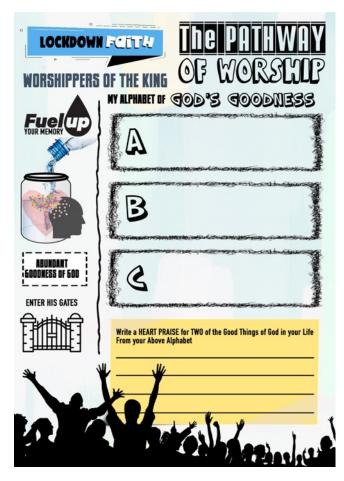
JOB in the Old Testament must have had a heart filled with God's Goodness. He could say "Though He Slay me, YET I WILL Trust Him (Job 13:15)

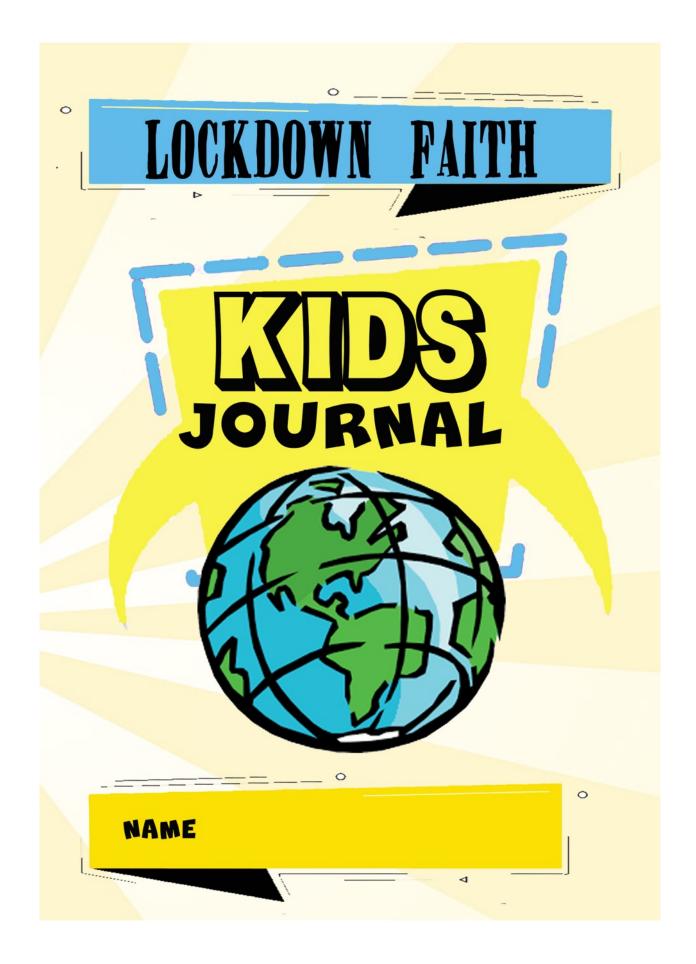
Encourage all your family members to create an ALPHABET of God's GOODNESS. This will begin to FUEL UP your memory banks. All 26 letters of the Alphabet.

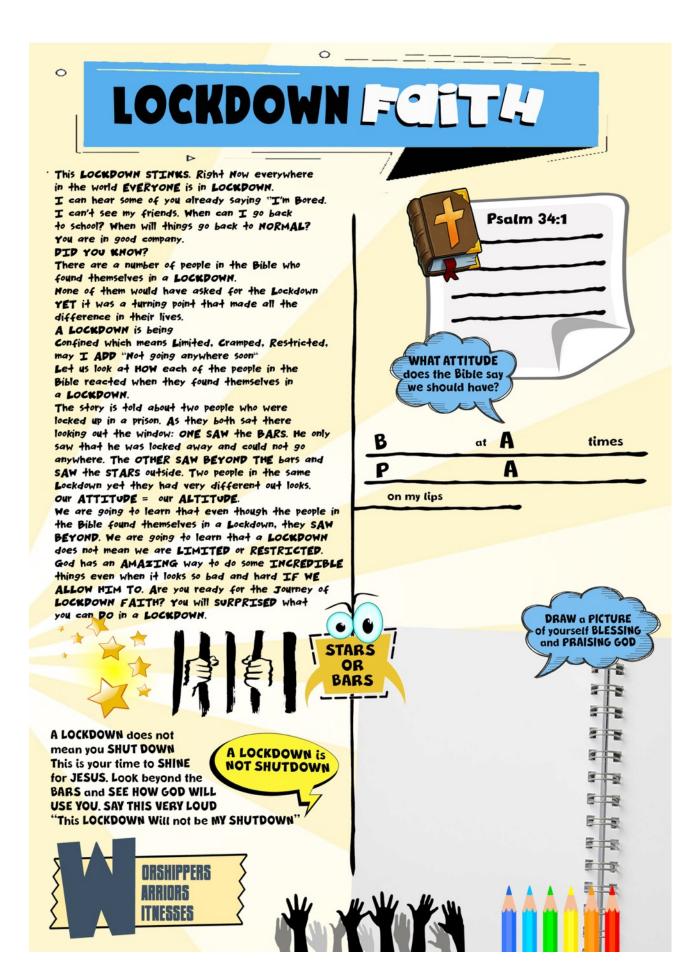
This will become the LANGUAGE your family will use to PRAISE and WORSHIP God with over the next few weeks and into the rest of your Faith Journey.

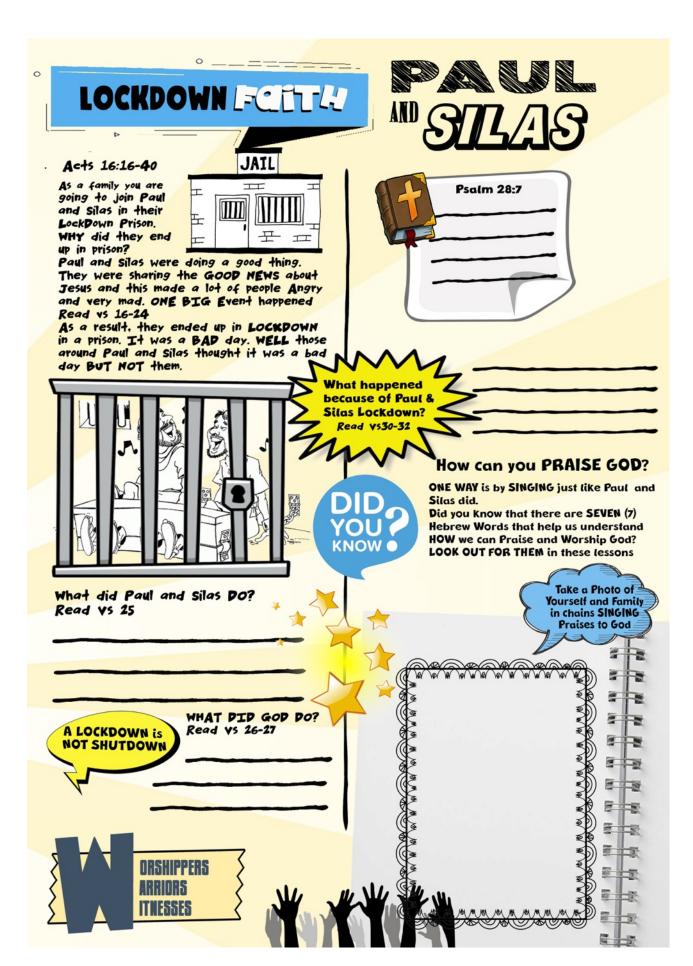
Each time you get together, have your family members share some of the things they have found of God's GOODNESS in their lives. When you share these, you are TESTIFYING and Speaking of God's Story in your life. You could spend time each week, going through a LETTER of the Alphabet. As parents be quick to share HOW GOD is GOOD in your lives, giving God PRAISE for where He has answered and come through for you and your family.

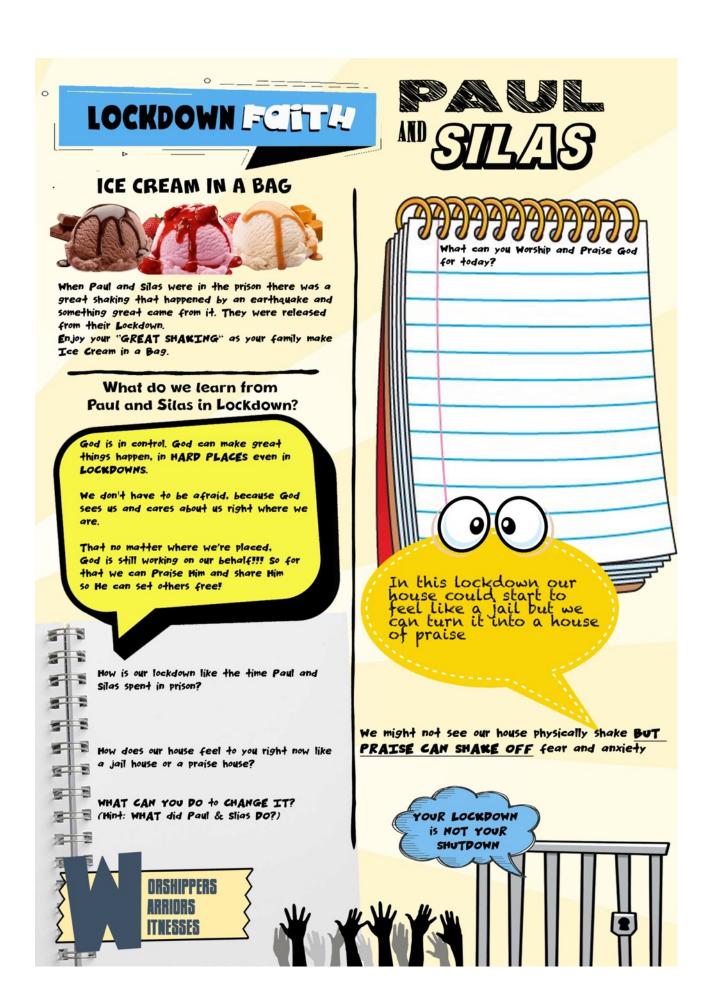


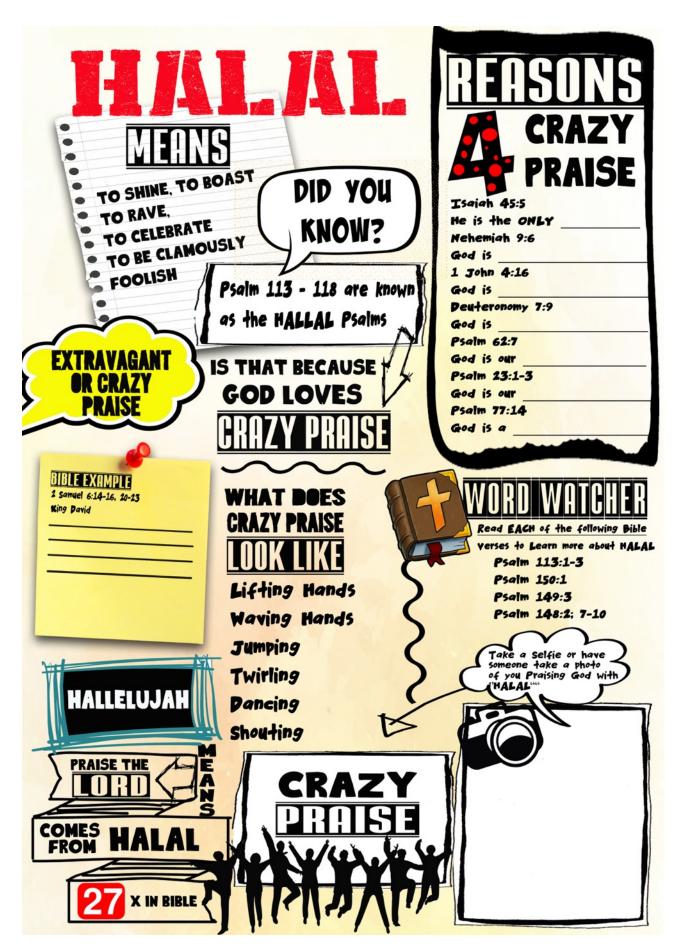


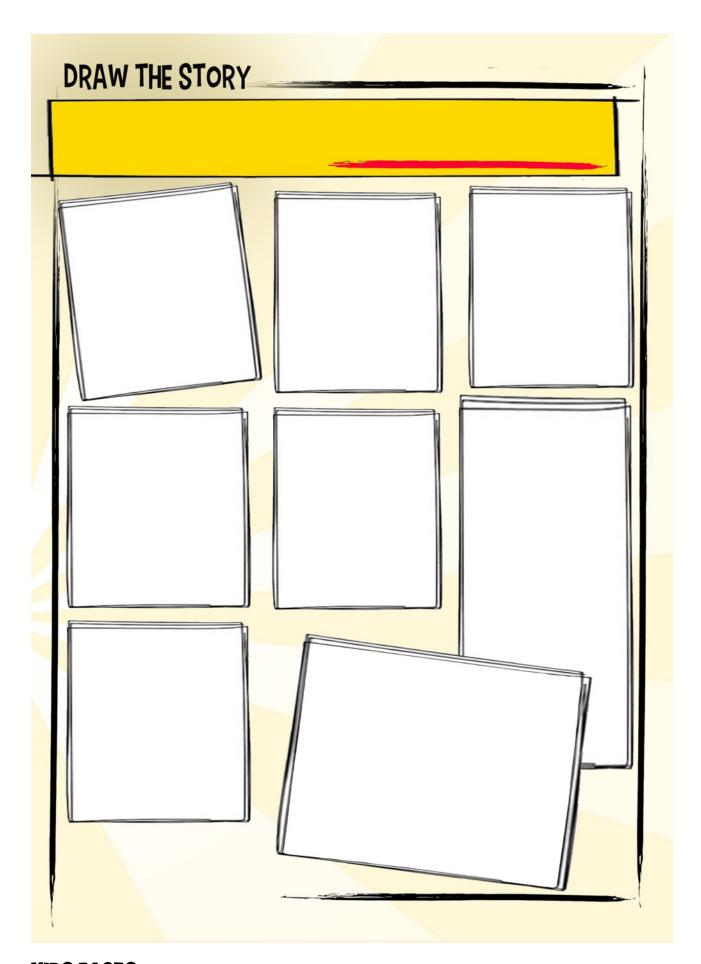








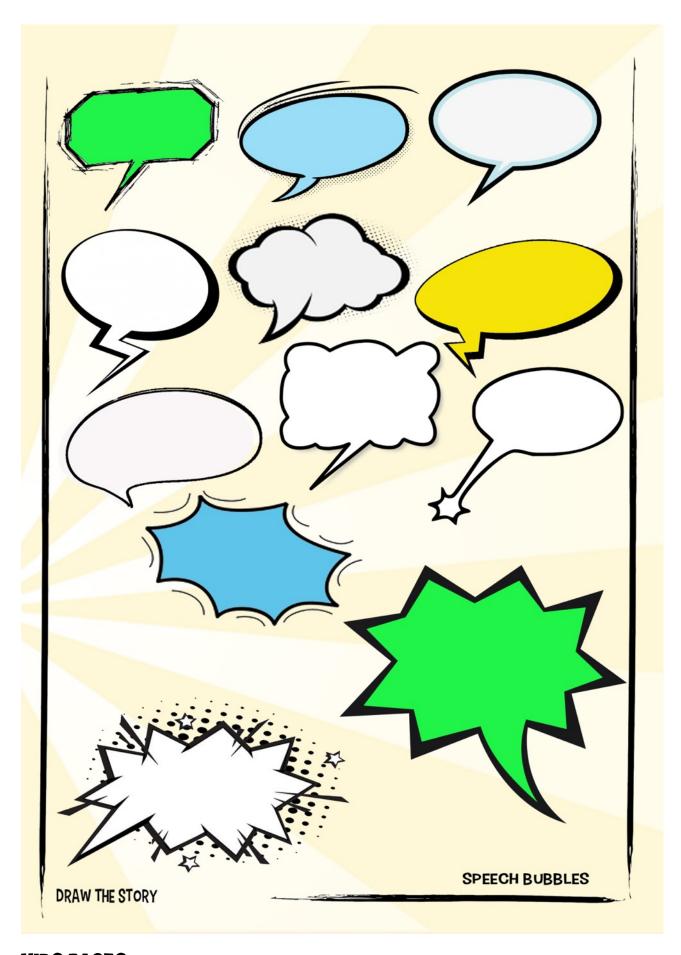




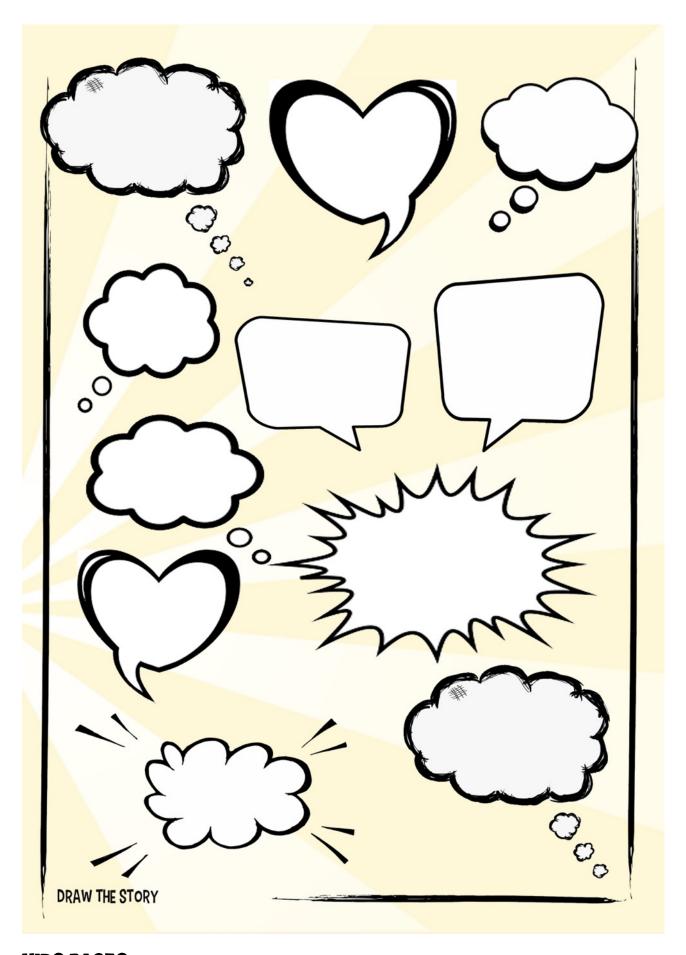
**KIDS PAGES** 



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